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Rock Enon Springs and bath...

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THE ROCKNON SPRINGS AND BATHS

GREAT NORTH MOUNTAIN,
VIRGINIA.

A. S. PRATT,
PROPRIETOR

SEASON
1889.

A. S. PRATT & SONS.

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ROCK ENON SPRINGS
AND BATHS.

FREDERICK COUNTY, VIRGINIA.

Sixteen and one-half Miles from Winchester, on the Western Slope of the Great North Mountain.

A. S. PRATT, . . Proprietor.

SAMUEL J. SMITH, . . PHYSICIAN.

These Springs, now so favorably known as a safe and delightful Family Resort, will be opened for the reception of visitors June 20, 1889.

A Telephone Line connects the Hotel at Rock Enon Springs with all points reached by telegraph.

TERMS.

Per Day, . . .	$3 00
Per Week, . . .	$9 to $17 50
Per Month of four Weeks, .	$32 to $56 00

according to rooms selected, number of persons, and time of visit. For every day or week over one month, MONTHLY rates only will be charged.

Special terms for children and servants, according to accommodations required.

For rooms and information, apply to A. S. PRATT & SONS, Sun Building, 1315 and 1317 F street N. W., Washington, D. C.; also, after June 15, to the Springs.

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TRAVELING FACILITIES,

COST OF TICKETS, ETC.

For exact time of leaving any point for Rock Enon Springs, consult B. and O. time-table, "*Virginia Valley Line*," as there may be slight changes in time given below.

The following rates are for Round-Trip Tickets from points named to Rock Enon Springs, including stage fare both ways. Tickets are good until October 31.

	Price of tickets.	Time of leaving.
Washington, D. C.	$8 30	10.30 a. m.
Baltimore	9 90	9.15 a. m.
Philadelphia	13 90	8.15 a. m.
New York	17 90	12.00 p. m., night.
Pittsburgh, Pa.	16 00	Consult B. and O. time-table.
Parkersburgh and Wheeling	18 10	
Cincinnati	23 00	

Arrive at Winchester about 2.20 p. m.; at Rock Enon Springs, about 5 p. m.

Round-Trip Tickets may also be had at any of the principal offices of the Baltimore and Ohio Railroad Company.

One trunk will be carried free for each passenger from Winchester to the Springs and return. A charge of 50 cents will be made for each trunk extra, going and returning. Children unprovided with tickets will be charged stage fare.

Coach Line between Winchester and the Springs.

Messrs. B. F. McCaully & Co., proprietors of the Tally-Ho Stables, Washington, D. C., will have charge of the line of coaches from Winchester to the Springs. Under their management the trip will be made with fast horses in easy coaches, in much less time than formerly, over the splendid pike road, which is one of the best in the country.

Guests will have their trunks checked to Winchester, and deliver checks to the Rock Enon Springs Baggage-master at depot. Coaches will meet guests on arrival of train, and convey them, at once, to Rock Enon. A separate wagon will convey the baggage.

NO BAR on or near the premises. No ale, wine, or liquor will be furnished by the proprietor, and no sale of such articles will be permitted.

The table is abundantly supplied with the best viands. Chef Barrier has been engaged again for this season. George Stephenson, head waiter for the last seventeen years, will have charge of the dining-room.

A well-organized and well-equipped Laundry is attached to the Hotel. No substance injurious to clothes is permitted to be used.

CHARGES:

GENTLEMEN—One dollar per dozen.

LADIES, CHILDREN, AND NURSES—Plain articles, 75 cents per dozen; trimmed dresses, skirts, etc., according to work required.

It is expected that guests will have their washing done at the Hotel Laundry, for the proper management of which and for any article lost the proprietor holds himself responsible.

TWO MAILS RECEIVED AND FORWARDED EACH WEEK DAY AND ONE ON SUNDAY.

A commodious Ball-room with stage for entertainments, etc., is connected with the Hotel. The music this season will consist of violin, cornet, and piano, and will be under the direction of Mr. R. Fuller Jarboe, of Baltimore, Md.

Fine Bowling Alleys and Billiard Table; a large Pavilion in the "Gorge;" extensive Lawn, well shaded; delightful, romantic, and shaded walks in all directions; extended views from "Anderson's," "Catamount," "Sunset," and "Craig's Rocks," Table Rocks on Pinnacle Mountain, "Grand Lookout," and Wolf Spring.

LIVERY.

A large stable has been erected the present season, *specially adapted to the wants of a first-class livery and boarding stable*, and McCaully & Co. will stock it from their celebrated Tally-Ho Stables with riding, buggy, and carriage horses and ponies. Mr. McCaully will spend the season at the Springs, and will give lessons in riding to ladies and gentlemen desiring such. Carriages, park phaetons, phaetons, buckboard wagons, etc., of the newest styles, will be provided by the same firm, and prices will be no higher than in the city for hire of horses and carriages, or for board of private horses and care of carriages, for which ample accommodation is provided.

DESIROUS of making this lovely spot in the mountains a permanent and attractive summer resort for the refined and intelligent who seek health, rest, pleasure, and freedom from the exacting demands of fashion, and greatly encouraged by the generous patronage heretofore extended and the very great satisfaction expressed by the guests of the past seasons with the place and its management, the proprietor will put forth every effort for the comfort and pleasure of visitors the present year.

The Hotel is abundantly supplied on every floor with pure water taken directly from the great "Cold Spring" on Pinnacle Mountain. The SANITARY arrangements are complete and will be found all that could be desired. Great improvements have been made in this respect; the house and grounds are kept scrupulously neat and clean.

THE BATHS.

The accommodations for bathing are all that could be desired. A large steam boiler has been put in place, from which the numerous baths are supplied with hot water, and the water in the immense swimming pool—75 by 25 feet, 5½ feet deep—can now be partially heated by steam. Separate hours for bathing are allotted to ladies, children, and gentlemen, and an hour for gentlemen and ladies. The bath-house is comparatively new; large additions have been made to it. At the suggestion of eminent physicians who have visited Rock Enon, the waters of the Mineral Springs have been utilized. New bath-rooms have been constructed, and are supplied with these invaluable waters.

The water of the "Old Capper" Spring is very delightful to bathe in; it renders the skin clear, soft, and beautiful; it is very healing in its nature, and has proved most efficacious in rheumatic complaints and diseases of the skin, and when combined with the "Chalybeate" water in the bath, as it may be, it is exceedingly strengthening to the whole system.

THE SPRINGS.

There are eight springs within a stone's-throw of the Hotel, three of which are mineral and of very great efficacy. The pure spring water from five large springs is freestone. There is one large limestone spring on the premises.

THE CHALYBEATE SPRING

is one of the most valuable in the State. The water was analyzed by Professors Gale and Mew, of the Smithsonian Institution, who made the following report:

Analysis of the Chalybeate Spring at Rock Enon.

Its constituents per gallon are as follows:

Carbonate of lime	5.13	grs.
" soda	1.21	"
" protoxide of iron	14 25	"
" protoxide of manganese	1.05	"
Sulphate of magnesia	12.89	"
" lime	3.56	"
Chloride of magnesium	1.12	"
Alumina	0.80	"
Silica	0.42	"
	40.43	grs.

By spectrum analysis lithia was also found in it.

This spring is, in some very essential particulars, similar to the far-famed Pyrmont Spring in Waldeck, Germany, which has so long and so deservedly enjoyed a high reputation among physicians. It possesses a rare combination of tonic properties, with others existing in admirable proportion, calculated to free it from some of the too well-known causes of objection to chalybeate waters.

L. D. Gale,
W. M. Mew,
Smithsonian Institution.

THE WALNUT SPRING.

(ALKALINE.)

The water of this Spring is Alkaline. Its action is diuretic and aperient. It is efficacious in all affections of the kidneys and urinary passages, calculus, dyspepsia, indigestion, gout, diabetes, and catarrhal affections. As analyzed by Professor LUPTON, late of the University of Virginia, it contains carbonate of potassa and magnesia, soda as a chloride, sulphate and carbonate of lime, carbonic and sulphuric acids, hydrochloric, silica, etc.

THE OLD CAPPER SPRING

has been known and prized for more than a century. The water is a specific for humor in the blood, and is efficacious in the cure of rheumatism, diseases of the skin, and intestinal worms. When applied to eruptions on the skin, to venomous bites, to cuts or bruises, they heal very rapidly, and when used for bathing or washing it renders the skin clear and soft.

SULPHUR SPRINGS.

White and Blue Sulphur Springs, of excellent quality, are in the neighborhood, one of which is within fifteen minutes' walk of the Hotel. Sulphur water will be furnished to the guests at the hotel daily.

Mean temperature at Rock Enon Springs for ten years, viz., 1877 to 1887:

	7 a. m.	12 m.	3 p. m.	6 p. m.	10 p. m.
June 15 to 30	60	68	69	67	60
July	66	77	78	75	66¼
August	64½	74½	76	73	66
September 1 to 21 . . .	58	67½	68	64¾	59

Highest in July . .	3 p. m. .	89	Lowest in July . . .	3 p. m. .	67
Highest in August .	3 p. m. .	86½	Lowest in August . .	3 p. m. .	64

The dryness of the atmosphere is proved by the difference shown in the daily record made of the wet and dry thermometer for the past three years, which in July and August marked a variance at times of 14 degrees.

Letter of General O. B. Willcox, U. S. A.

GOVERNOR'S OFFICE, SOLDIERS' HOME,
Washington, April 18, 1889.

DEAR MR. PRATT: It gives me unqualified pleasure to indorse every bit of what others have said in praise of Rock Enon.

I spent the last midsummer there, with my family, and found it the pleasantest and most healthful place of resort I had ever visited this side of the Atlantic.

Letter from Charles Nitze, Esq.

BALTIMORE, *April* 20, 1889.

MY DEAR MR. PRATT: When several years ago, in search of a safe and comfortable summer retreat for my family, it was my good fortune to come to Rock Enon Springs, I at once became most favorably impressed with its many advantages. I am glad to say that this first impression has since been fully confirmed during the three successive summer seasons which my family spent at Rock Enon.

They intend joining you there again the coming summer, and look forward with much pleasure to the renewal of the pleasant intercourse with your family and guests, as well as to the enjoyment of the many other attractions your charming place offers by reason of its well-kept hotel, its invigorating air and waters, and its picturesque situation and surroundings.

BALTIMORE, *April* 22, 1889.

A. S. PRATT, Esq.

MY DEAR SIR: I write to request you to reserve for me the rooms my family have occupied at Rock Enon Springs Hotel for the past four seasons. My visits there have always been pleasant and beneficial. The guests have been exceedingly agreeable people, thoroughly satisfied with the ample provisions made for their comfort and entertainment.

As far as the rooms, table, amusements, etc., go to make life enjoyable at a summer resort, I am sure any reasonable person will find them to their entire satisfaction, and from past experience I look forward to my stay with you this summer with unqualified pleasure.

Very respectfully,

A. DENMEAD.

WASHINGTON, D. C., *April* 18, 1889.

Mr. A. S. PRATT.

DEAR SIR: It gives me pleasure to state my experience at Rock Enon Springs, having visited the place for a number of years, but especially for the last two seasons, from which I derived great benefit by the use of the waters, the invigorating air, the hotel, so well kept in all its appointments and so well conducted for the comfort of its guests. Surrounded by a pure, bracing atmosphere, beautiful and varied scenery, well-shaded walks, make it a delightful place to spend the summer months. I found a moderate and systematic use of the waters to be very beneficial, in particular a combination of the Capper and iron waters in the bath. It seems to have a peristaltic influence upon the intestines, also a general alterative and diuretic effect upon the secretions, and possesses a remedial power in derangement of the stomach and liver, associated with congestion of the portal circulation.

I shall always look back with pleasure to my visits at Rock Enon.

With my best wishes, I am,

Sincerely yours,

R. FARNHAM, M. D.

WASHINGTON, D. C., *March* 22, 1889.

Mr. A. S. PRATT, *City*.

DEAR MR. PRATT: Having spent a portion of thirteen summers at Rock Enon, I can speak with confidence, as I do with pleasure, of the many attractions of the place—the varied mountain scenery and extended views, beautiful and grand; the pure and invigorating air; the freedom from malaria, fogs, and dampness; the variety of excellent medicinal waters; the facilities for bathing; the walks and drives; the clean and comfortable apartments, and excellent table. The good management, and the kind attention of yourself and family to the welfare of the guests, the provision for Christian privileges and for rational amusements, the pleasant society which one is sure to find—these are among the things which render the place so deservedly popular.

Truly yours,

O. C. WIGHT.

Extract from letter of L. Miller, Esq.

BALTIMORE, MD., *April* 1, 1884.

* * * A great many of my friends and relatives—some of them so ill as to cause the greatest anxiety—have visited Rock Enon Springs. All of them were much benefited by the use of the mineral waters and baths—many of them, indeed, to a degree truly wonderful, their cure being complete and apparently permanent. * * *

Letter from Rev. John G. Ames.

1600 Thirteenth Street N.W.

WASHINGTON, D. C., *April* 29, 1889.

MY DEAR MR. PRATT: I intended to have written you at an earlier date to tell you how greatly I enjoyed my short sojourn at Rock Enon. I left this city on a hot summer morning, very far from well—in fact, hardly able to drag myself to the station—longing for a sight of the country and the mountains, but dreading what seemed to me in prospect—the long and tedious drive from Winchester to the Springs. What was my pleasant surprise to find that, instead of a weary way, it was a most delightful drive, over a smooth and solid road, along which the team advanced at a constant trot until we were near Rock Enon, when the ascent became too steep for anything but a walk. So I found the drive from Winchester anything but unpleasant. As for Rock Enon itself, it is one of the most delightful places among the mountains for rest and recuperation it has ever been my lot to find. The bold mountain scenery in its immediate proximity, always pleasant to the eyes; the well-trodden paths among its ravines, or leading to various summits, inviting to a morning or an evening stroll; the calm and peace that usually rest upon the surrounding landscape, so restful to both mind and body; the variety of mineral waters for drinking and bathing, and the pure mountain air all conspire to render it peculiarly attractive to those who wish for quiet, healthful repose. The whole management of the hotel was all that I could desire. But what pleased me most, I think, was the atmosphere of domesticity which prevailed and the pleasant relations that existed among all the guests. It was more like a large family circle, where each seemed interested in others, and where the comfort and well-being, especially of the children, were carefully provided for. In fact, I know of no resort where children can be happier or more healthfully environed than Rock Enon.

The daily morning devotional services, in which all who wish can participate, is another attractive home feature of the place which can not fail to please many of your guests. Taking it all in all, Rock Enon supplies, in very large measure, all the conditions of a satisfactory summer resort for those who are in search of rest and health and quiet recreation. I am very glad it has been my fortune to enjoy for a little season its genial hospitality.

EXTRACTS FROM LETTERS.

* * I certainly know of no place preferable to Rock Enon as a place of sojourn and rest during the heated season. The beautiful views adjacent, the mineral springs of different kinds, the medicinal and other baths, the pleasant and congenial company always assembled there, together with the satisfactory and bountiful table, and the watchful care of the host, combine to render it the most attractive spot I know of.

* * Not the least among the attractions of Rock Enon is the entire absence of all rowdyism, and in that respect I commend your determination to allow no liquors to be sold. [*From Hon. A. U. Wyman, Treasurer of the United States, Washington, April* 9, 1883.

Dear Sir: It was the good fortune of myself and family to be your guests at Rock Enon during the past season, and we carry with us very pleasant memories of our summer sojourn at your quiet and truly comfortable and Christian home among the mountains; its shaded brooks and glens, its massive rocks and grand and picturesque heights, all to be enjoyed without fatigue or danger, are surroundings which cannot fail to be attractive to those who love the restful beauty and solitude of nature; while its valuable waters, comfortable fare, and excellent management should be satisfactory to all who seek health and social recreation. [*From Hon. Josiah Dent, late President of the Board of Commissioners of the District of Columbia, The Oaks, Georgetown, D. C.,* 19*th February*, 1883.

Dear Sir: I consider it due to you to express my entire satisfaction with Rock Enon Springs as a summer resort, having passed with my family the greater part of last summer there so pleasantly and beneficially.

The Hotel is certainly well located, the campus large and beautiful, and the surroundings in all respects desirable. It is a satisfactory place to obtain rest and recreation, being both healthy and attractive. [*From Hon. Calvin B. Walker, Dep. Commissioner of Pensions, Washington, D. C., April* 7, 1883.

* * My family and friends who spent the past season at Rock Enon Springs unite with one accord in praising the place, the regularity of its recurring evening entertainments, the usual good order, the charming mountain scenery, the invigorating air, all of which, together with the virtue of the "healing waters," combine to make this resort one of the most popular in the country.

All of the visitors whom I have met since the close of the season speak in the most commendatory terms of the place, the proprietor, and the substantial viands dispensed day by day for the inner man. I say to my friends, whether you need these waters, or simply want rest and recreation, go to Rock Enon. [*From Samuel Norment, Esq., President of the Central National Bank, Washington, D. C., April* 9, 1883.

The very pleasant experiences of the different members of my family at Rock Enon during the summers of 1881–2 enable me to cheerfully bear testimony to the attractions and advantages of that delightful mountain resort.

The invigorating air, beautiful scenery, curative and tonic waters and baths, unite in presenting natural attractions rarely found anywhere. Added to these the variety of social pleasures, excellent fare, uniform courtesy and attention of the host, together with admirable order in all the appointments of the place, and its genial Christian atmosphere, make a stay at Rock Enon thoroughly enjoyable. [*From letter of Hiram Woods, Esq., Baltimore, April* 12, 1883.

We are still enjoying the benefit derived from our sojourn at Rock Enon Springs the past summer. The medicinal qualities of the waters, the wholesome, well-cooked food, the intelligent and cheerful company, the gentlemanly bearing of the proprietor, all conspired to make our stay there one of the most pleasant and profitable seasons to mind and body we ever spent at any of the many watering places we have visited in the last thirty years.

Rock Enon, with its many advantages of beautiful location, invigorating air, imposing scenery, and efficacious mineral waters; conducted on strictly temperance and religious principles, yet with amusements and recreations sufficient to meet all reasonable demands of children and adults, must grow in public favor, and is destined to become one of the most popular watering places in the country. [*From Rev. John W. M. Williams, D.D., Baltimore, Md., November* 14, 1882.

* * I found, with all the appointments of the best hotels, a quiet home life and feeling, a social refinement without pretension, innocent amusement guarded against abuse—everything, in fact, which the rational seeker of health and rest could desire in a summer resort. [*Rev. C. P. Krauth, D. D. LL.D., of the University of Pennsylvania, Phila.*

It gives me pleasure to recommend Rock Enon Springs as a desirable resort for families. [*Mrs. Admiral Scott.*

I hope some day to try again the delightful air of Rock Enon, its truly "home" atmosphere, * * and bring to the delineation of its superb scenery all the knowledge and skill which I have come abroad to seek. [*Mrs. Eliza Greatorex*, 57 *Boul'd D'Enfers, Paris, March* 1*st*, 1879.

"I cheerfully recommend Rock Enon Springs, * * feeling satisfied that all who visit them will secure not only enjoyment, but health. [*Admiral George B. Balch, U. S. N.*

* * * My little ones are very eager to go to Rock Enon, and loth to come away. I enjoy it thoroughly from the time I set my face toward it until compelled to turn my back upon it. [*Col. C. T. Larned, U. S. A.*

It is a healthy place. The nights are deliciously cool. No mosquitoes, no bar, "no sound of revelry by night." It is a good place for all who desire a cleanly and cool retreat. [*C. J. Stuart Wells, Surgeon U. S. N.*

The place is most charming, and crowded with visitors equal in prominence and respectability with those of any other summer resort in the State. [*From Rev. E. F. Busey, D. D., Baltimore.*

Ever since the visit of myself and wife to Rock Enon Springs it has been a pleasure to us to call it to mind. For house and home, for pleasant surroundings, and for kind attention, we found it everything we could desire. [*From J. Downes, Esq., U. S. Coast Survey, Washington, D. C.*

The cool and exhilarating atmosphere, the wild mountain scenery and fine drives, the baths and invaluable medicinal waters, with good fare, render a season at Rock Enon a delight not soon to be forgotten. [*From James E. Fitch, Esq., Washington, D. C.*

The society was agreeable, the table well supplied, the servants were attentive, and the facilities for bathing exceptionally good. I have reason to believe that a residence at Rock Enon prolonged the life of a member of my family. [*From Dr. Elliott Coues, U. S. A.*

There is no bar, and consequently the guests seeking Rock Enon are of the best class. It is a "family" resort and wholly home-like. Every thing first class. [*From Rev. J. G. Butler, D. D., Washington, D. C.*

Nothing could have been more charming than the weeks of the summer spent at Rock Enon Springs. Nothing more restoring to tired brain and hand. [*Mrs. M. Despard, New York.*

I consider Rock Enon one of the most attractive and healthy summer resorts I have ever visited. [*Charles Rous, Baltimore, Md.*

I have never spent a season where everything gave such general satisfaction. [*John Cassard, Chicago, Ill.*

I have visited many summer resorts, but none could compare with Rock Enon in *home comforts.* The table could not be surpassed. [*Rev. Edw. L. Kemp, Rector St. Mark's Church, Baltimore, Md.*

I know of no resort so accessible which contains equal attraction and is so free from objectionable features. [*Hon. Wm. Stickney, Washington, D. C.*

I recall with pleasure the sojourn of myself and family at Rock Enon Springs. It is a resort to which one can go for rest and recreation, and drink in at once the invigorating mountain air and the varied and valuable health-giving waters. [*Summerfield Baldwin, Baltimore, Md.*

* * * I recall with great pleasure the impressions of my visit to Rock Enon, and trust that at another time I shall have an opportunity of renewing my acquaintance with that quiet and complete mountain home. [*From letter of E. P. Rankin, Esq., Detroit, Michigan.*

It gives me pleasure to recommend Rock Enon Springs to all who seek a refined and comfortable mountain resort in the summer.

I have visited many places of the kind, but have found few which present as strong attractions as this. The proprietor by excluding all sale of liquors, has secured an exemption for it from all questionable company, such as follows the bar-room, and its invariable companion, the gambling-room.

* * The chambers are fresh and comfortable, and the table refined and attractive.

The Springs are in the midst of the mountains, and have a pure and health-giving atmosphere. [*From letter of Hon. William L. Clark, Mayor of Winchester, Va.*

Having almost annually for thirty years past visited some of our watering places, I have found none that seemed to me to offer greater advantages than Rock Enon Springs to all those who are seeking for relaxation from toil and care, for the improvement of health, and for real enjoyment. * * The atmosphere is singularly pure and invigorating. * * [*From letter of Prof. A. J. Huntington, D. D., Columbian College, Washington, D. C.*

* * The guests did not divide up into cliques, as is usually the case at such places, but seemed like one large and pleasant family, each trying to promote the pleasure of all. This feeling manifested itself almost nightly in varied entertainments in the hall attached to the house, gotten up by and participated in by the guests. Of the many resorts I have tried, I consider Rock Enon to be the best for children. The grounds are free from dangerous places, and the character of the soil is such that after the heaviest rain the walks and lawn are dry again in an hour. Of the many children there, all kept well. * * * [*From letter of W. F. Mattingly, Esq., Washington, D. C.*

* * * For myself, though unknown to you until I became one of your happy household at Rock Enon, I feel that I ought to express to you my sincere gratification at the marked success that attended the first season's occupancy of your new and spacious house; a success no greater, perhaps, than might reasonably have been anticipated from the exceptional attractions of the place itself and its surroundings, but a success that I cannot nevertheless doubt was largely due to the wise and judicious management of the place, the thoughtful and considerate regard constantly manifested by yourself and your estimable family for the comfort and happiness of all, and for the few *invalids* in particular, and the polite attentiveness of the officers and servants. * * [*From letter of Dr. J. W. Jayne, Washington, D. C.*

* * I wish to express my opinion of Rock Enon Springs as a comfortable and pleasant family resort, the fare being unexceptionable, and the care and kind attention of the proprietor and his family in every respect, all that could be desired. [*From Letter of Hon. D. W. Middleton, Supreme Court of the United States, Washington, D. C.*

Rock Enon, with its attractions for every variety of guest, from the invalid to the pedestrian, with its springs which represent in a small space three great classes of mineral waters, with its variety of baths, and with its facilities for social pleasures, is a minature of the entire springs' region, reproducing to some extent all of the characteristic features that give attractiveness to the various watering places in Virginia. [*From Correspondence of the Washington Evening Star.*

Testimony of Physicians and others regarding the Efficacy of the Mineral Waters at Rock Enon Springs, and Baths.

The members of my family who spent two months at Rock Enon were benefited by the use of the waters and were pleased in every way. * * The baths assisted in improving their health. The table was excellent. * * They returned home improved in health. * * Every point sought for in a summer resort was there found. [*From letter of W. C. Van Bibber, M. D., Baltimore.*

I know of no place that equals or compares favorably with Rock Enon Springs and Baths as a summer resort for families, especially for city mothers and their children.

Most of our city mothers have an ailment that doctors call "neurasthenia," or nerve-tire; they need *rest*, they require restoration of tone, they lack absence of care; and they can get all this—a delightful home, free out-of-door sports for the children, in a cool, invigorating, healthful atmosphere, and *all the medicine they need*, in the Baths and Springs of Rock Enon.

The same is eminently true for all brain workers, teachers, doctors, clerks, and all neurasthenic people.

I say all this from a professional stand-point and from personal knowledge gained by a visit to your charming mountain home. [*From I. R. Page, M. D., Baltimore, Md.., February* 17, 1883.

* * When early in July I went to Rock Enon, I had for many months been a great sufferer from calculus. * * After four or five weeks the pain diminished; my strength increased; my appetite improved; my sleep was refreshing. This great change I attribute in great measure to the use of the Walnut Spring. I most confidently recommend it to those who are affected with any trouble of bladder or kidneys. * * * [*From Rev. J. W. Parker, D. D., Washington, D. C.*

By the advice of friends I visited Rock Enon Springs and was surprised at the rapid and powerful effect of the water (chalybeate) in my case. When I first went to the Springs I was so feeble that I had to take an attendant with me. While there my health improved so rapidly that in a few weeks I was able to return home and resume my employment. [*From letter of Joseph B. Herron, Esq., Smithsonian Institution.*

* * For several years I suffered from affection of the kidneys, so much so that at times my life seemed to me a perfect misery, and I attribute my restoration to health to the free use of the mineral baths and copious libations of the walnut water. * * [*From letter of Thomas Walsh, Esq., P. O. Dep. U. S., Washington, D. C.*

It affords me great pleasure to give my testimony to the benefits derived from the healing waters of Rock Enon Springs, together with the pure mountain air and beautiful scenery, all of which are unsurpassed by any other summer resort. I was in very bad health on my arrival at the springs, the 1st day of June, 1881, scarcely able to walk; but by drinking the waters, breathing the pure dry air, and using the new mineral baths, about the 1st of July I was able to take long journeys on foot over the mountains; my health was entirely restored. [*From Major Albert Walker, Washington, D. C., May*, 19, 1882.

My family were greatly benefited; my wife and daughter particularly derived permanent advantage from the water of the Chalybeate Spring. * * The mountain air, generous table, refreshing baths, and genial society of educated and refined people all contributed to render Rock Enon the best summer resort for families that I know of. [*Rev. Julius E. Grammer, D. D., Rector of St. Peter's Church, Baltimore, Md.*

* * These chalybeate, sulphur, and alkaline waters, taken internally, while the Capper Spring water is abundantly applied externally, produce results which we physicians frequently find it difficult or impossible to obtain in the city during the debilitating weather of the hot summer months.

* * Tired-out and half-sick women receive benefit, and feeble children are helped, by *proper use* of the waters at Rock Enon, taken in connection with properly-regulated exercise in the open air. [*From letter of Jos. Taber Johnson, M. D., Washington, D. C.*

When I arrived at Rock Enon, I had great doubt whether I should leave the place alive. I had suffered more than I can tell with the heat in this city; my system was generally debilitated. Three days after my arrival there, I felt like a new man.

* * The pure mountain air was like breathing in a new world, and you have the feeling that you are taking new life into your system with every breath. The medicinal springs, the absence of the rowdy element usually found at a watering place, all combine to make it one of the most delightful summer resorts I have ever visited. I long for the time to come when I can visit the place again. [*From C. H. Parsons, Esq., Washington, D. C.*

* * * In the summer of 1877 my life was despaired of. As a last resort I determine to make an effort to reach your place, and, accompanied by my daughter, succeeded. The pure dry mountain air, and the tonic and healing properties of the "Chalybeate" and the "Capper" waters so strengthened me, that in less than a week I was able to walk around and come to the table.

Last summer I was much afflicted with rheumatism, and for the fifth season I visited Rock Enon, and by the use of the new mineral baths and drinking the water, I was entirely relieved; and, although far advanced in life, I have since been in the enjoyment of good health. [*From Mrs. A. A. Stevens*, 1212 *New York Avenue*, *Washington*, *D. C.*

I desire to testify to the very great benefit which my children derived last summer from the use of the medicinal waters of your pleasant mountain resort. Before taking them there they had been seriously troubled with worm, (one with "pin worms" and one with "stomach worms".) I had them drink freely of the water from the "Old Capper Spring," and its beneficial effects were very soon apparent in the disappearance of the disease and return of health and spirits, all which I attribute entirely to the use of the "Capper" water, together with the pure air of your summer home.

* * * [*From letter of E. B. Barnum, Esq., Washington, D. C., February* 15, 1883.

My experience of last summer with you was a very pleasant one, and my family derived great benefit from the medicinal waters. [*From Maj. G. W. Candee, U. S. A.*

From Letter of Rev. Dr. Sprigg to the Southern Churchman.

[Editorial Correspondence.]

Rock Enon Springs, *August* 3, 1883.

* * * We came to Rock Enon Springs, where friends had already gathered, waiting for us. We found it filled with pleasant company, mostly from Baltimore and Washington. The surroundings are lovely. Situated in the North Mountains, the place is wild and the scenery grand and picturesque. To say that we are pleased would not convey all our thoughts. Delightfully cool, pleasant company, excellent table, charming walks—there is nothing left but for us to enjoy the rest and, please God, get health for another year's work.

The hotel is already full, and there are fifty applicants for rooms who cannot be accommodated. The place is named "Rock Enon;" first, on

account of the multitude of cliffs and large rocks that surround it, and next by reason of its many springs. "And John, who was baptizing in Enon near to Salem, because there was much water (or, as the Greek has it, 'many waters') there." First of all there is the old "Capper Spring," which has been known for one hundred years as a "healing" water; then there is a strong chalybeate spring, of which one must drink carefully, lest headache come of it; then the "Rock Enon Walnut Spring," which seems to be an alkaline water; near by is a blue sulphur spring, the water of which is brought to the hotel, and of which I have been drinking regularly and with decided benefit. Coming with torpid liver, I soon felt the benefit, and for days have not known that I had a liver, so admirably is the water suited for complaints of this kind. A large spring of free-stone water is conveyed by pipes to the hotel. But no matter where you go you come to springs and streams of water that are a refreshment to the eye even to behold.

Everything the most fastidious could desire is done for the comfort and amusement of the guests.

BALTIMORE, *August* 28, 1883.

A. S. PRATT, ESQ.

DEAR SIR: Having recently returned from a month's sojourn at "Rock Enon," I take pleasure in saying that I consider it a model summer resort for families. Its location is charming, with the grand rocks and lofty mountains in the rear, and the green and well-shaded lawn in front, and the beautiful walks and rides on every side. Its climate seemed to me perfect, neither too cool nor too warm, and remarkable for the entire absence of fogs.

Besides the varied and excellent mineral springs for the benefit of invalids, I was pleased with the superabundant supply of pure cold water from the mountain spring, conveyed to every part of the house, and from the stream flowing through the grounds and affording facilities for perfect drainage. The fountains, too, with their snowy spray and brilliant rainbows, added not a little to the attractions of the place.

But, to me, better than all was *the principle* of your management—the prohibition of the great curse of humanity, intoxicating drink, with attendant evils, and the provision made by you for religious services daily and on the Sabbath; and for cheerful and innocent amusements. The freedom thus secured from vicious associations and temptations, the constant personal attention of yourself and your esteemed family to the comfort of your guests, the refined society thus attracted to the place, the home-like spirit which prevailed among them, and all the other

points I have named, seemed to me to make a combination of facilities for delightful and healthful recreation which I have never seen surpassed.

Trusting that your future success in this important enterprise may be equal to its merits,

I am, very truly yours, FRANKLIN WILSON.

THE GERMAN-AMERICAN NATIONAL BANK OF WASHINGTON,
RECEIVER'S OFFICE,
WASHINGTON, D. C., *September* 2, 1883.

MY DEAR MR. PRATT: In the hurry and confusion of leave-taking on yesterday morning I omitted to express my thanks for the invariable and constant kindness of yourself and assistants to myself and my family during our two months' sojourn at Rock Enon.

I can truthfully say that we have never passed so delightful a summer, and that result is attributable to the scenic beauties of the place; to the pure and invigorating mountain breezes; to the salubrious and health-restoring waters; to the well-arranged and satisfactory quarters; to the bountifully supplied and tastefully served tables; to the numerous and well-trained attendants; to the exceedingly sociable and well-intentioned guests; to the constantly recurring and varying dramatic, musical, and terpsichorean entertainments, numbering, if my memory serves me, some fifteen during my sojourn; to the unremitting kindness and fatherly care with which you yourself sought to foster and enhance by all reasonable means the enjoyment and comfort of your guests, and to the presence of all that was pleasant and agreeable, and the absence of everything which was in any way undesirable or objectionable.

My family, after twenty-four hours' absence from your springs, are home-sick for Rock Enon, and are clamorous for parental promise to return thither at the beginning of next season.

I shall be glad if you will retain for me for next summer the rooms we have just vacated.

Again thanking you for a highly pleasant summer,

I am, very truly, yours, B. U. KEYSER.

From Letter of C. D. Mansfield, Paymaster U. S. N.

MR. A. S. PRATT. SEPTEMBER 18, 1883.

DEAR SIR: We still speak of the very pleasant time we had at Rock Enon—the pleasant company, the good table, the beautiful surroundings, and its genial proprietor. I think it the most delightful and health-giving mountain resort I was ever in.

WASHINGTON, D. C., 1740 N St., *February* 2, 1884.

DEAR SIR: I cannot easily forget the bright holiday I passed at beautiful Rock Enon. Bold mountain views, blended with glimpses of soft landscape, render it an enchanting spot, which is further enriched by a noble cluster of medicinal springs.

First on the list stands the Chalybeate, with its tonic properties so finely tempered by the presence of soda and magnesia as to free it from the dangers incident to the use of iron waters.

Next in order, the old Capper commands attention for its healing virtues in cutaneous diseases, which proved in my own case to be simply marvellous.

Last, but not least, comes the Walnut, deserving to rank with the famous Bedford as a specific for dyspepsia.

To the attraction of the waters must be added that of the climate, which is most inviting at the very time our city homes are most infested with malaria. Autumn is Rock Enon's crowning season. The mild, mellow days of September are without the sickly taint of lowland suns.

Under balmy skies, a bracing atmosphere prevails which exalts into a positive happiness the mere sense of existence. Yet the guests are not left to fatten, like chameleons, on air alone, after the traditional fashion of the old Virginia régimé.

The handsome service of your bountiful table forms a marked contrast to that which characterizes summer resorts in general.

Your generous hospitality diffuses such a cordial home-feeling that the united company seems to compose a happy family group. Hearty, genuine good will, discarding conventional restraints, gives free play to the best social life, and so completes the charm of glorious Rock Enon.

With sincere regard, yours,

W. GWYNN.

WASHINGTON, D. C., *March* 31, 1884.

DEAR SIR: My family had a very pleasant sojourn at Rock Enon last summer, and to my children it was a season of pure delight. It is a paradise for children. I know of no summer resort where there are conditions so favorable to their health, safety and amusement. The climate was delightful, the table appointments good, the service prompt and efficient, and the cuisine excellent.

My family indulge the hope to return next summer.

Yours truly,

To A. S. PRATT, Esq. JOHN A. BAKER.

Letter from Hon. A. H. Garland, Attorney-General of the United States.

LITTLE ROCK, ARK., *August 7th*, 1884.

MR. PRATT: I reached home in due time after I left Rock Enon, quite well, but tired and fatigued from travel. I had a most delightful stay at Rock Enon the short time I was there, and hated really to leave. When I went there I was not well at all, but the use of the waters and the exercise in the mountains restored me almost entirely. Indeed the water of the *Capper* Spring was beneficial to me beyond anything I ever used; it went far beyond any medicine I ever tried in its good effects upon me; it is simply wonderful in its action on the liver and kidneys.

All in all, for a quiet retreat and excellent waters of several kinds, I know of no place better suited to families, and I am so glad mine is there even for a short time, and regret I cannot be with them.

Give my kindest regards to your family, and accept the same for yourself, and tell my folks I am well. And with many thanks to you for your kindness to myself and my family,

I am, truly, yours, A. H. GARLAND.

From Henry A. Johnston, Druggist.

WASHINGTON, D. C., *February 12th*, 1885.

I cheerfully add my testimony to the great advantages of Rock Enon Springs, in beauty and healthfulness of location, in variety of mineral waters, and in excellence of hotel accommodations and *cuisine*. I am convinced that the popularity of Rock Enon must steadily increase, especially on account of its remarkable mineral waters. The Old Capper, so wonderfully efficacious in cutaneous diseases and disorders of the liver; the Chalybeate, with its rare combination of iron and magnesia in almost equal proportions, making a tonic unexcelled; the Walnut, which has proved such a powerful remedial agent in uterine, kidney, and kindred diseases, and also dyspepsia; and the Sulphur waters accessible,—equal those of the well-known resorts.

It is truly a charming resort, and cannot be recommended to highly.

From Letter of Rev. Wm. A. Leonard.

St. John's Parish, Washington, *July* 21, 1885.

* * Thank you and your dear family for the great kindness manifested to us while with you. It was keenly appreciated and regarded, I assure you. Your picturesque and restful home at the foot of the mountain and beneath the rocks ought to cure and comfort many a weary toiler from the great cities, and the refreshment of the healing waters is a benediction from a kind Creator. We were blessed with the many who are your guests. * *

From Letter of Robert Reyburn, M. D.

Washington, D. C., *February* 23, 1886.

* * During my visit last summer at Rock Enon Springs I was much gratified with the home comforts and innocent enjoyments which were abundantly provided for the guests.

The surrounding mountain scenery is magnificent; the mineral springs numerous and healthful; and I know of no place where families or invalids can derive as much health and enjoyment as they can at Rock Enon Springs.

From Mrs. Senator Logan.

Washington, D. C., *March* 3, 1886.

A. S. Pratt, Esq.—Dear Sir: I trust that I may be able to come to Rock Enon this summer. My recollections of that heaven-favored spot are most pleasant. I know of no place more delightful for a summer's rest and enjoyment; Nature has been so abundant in her provision of lovely scenery, so magnificent in all respects. The springs are indescribable in their refreshing waters, and you have done so much for the comfort of your guests that we could not be otherwise than happy there. I trust that you may have many people this and for many years hence.

Respectfully, Mrs. JOHN A. LOGAN.

From George Reuling, M. D., Professor Eye and Ear Surgery, Baltimore University.

August 21, 1885.

My dear Mr. Pratt: Before leaving Rock Enon Springs I take pleasure in assuring you that my family have spent here six most delightful weeks, and that they return to the city greatly benefited in health. Rock Enon is, beyond a question, one of the most admirably adapted resorts for the weary inhabitants of cities, and especially for families with children, on the whole continent. Its elevation, its toni-

fying and alkaline waters, its beautiful scenery and the absence of deep water, make Rock Enon a place where one feels at once secure for the safety and welfare of his children. If we add to all these qualities the admirable administration of the place, *the most perfect drainage of the house*, the wholesome cuisine and the excellent social quality of its frequenters, it would be difficult indeed to find a more charming and health-giving family resort than Rock Enon Springs.

WASHINGTON, D. C., *May* 1, 1889.

A. S. PRATT, Esq.,

Proprietor Rock Enon Springs and Baths.

MY DEAR SIR: During the past season my sons and daughters were your guests, and throughout the summer it was very frequently my own good fortune to pass such time as my business permitted at Rock Enon.

I know of no summer resort which is superior to this place. The grandeur of the scenery, the many beautiful walks, the excellent fare, the good order everywhere observed, the healthful and invigorating air, and the healing waters of several different springs whose virtues are too well known to need commendation, all combine to render Rock Enon Springs one of the most delightful spots I have ever known.

During my repeated visits I was impressed by the admirable and judicious management of the place, the perfect courtesy and kindness shown to all, without exception, and by the minute attention to the comfort and pleasure of every guest. The social atmosphere of the place was charming. The guests were derived from many different sections, and, being of the highest culture, they formed a large and delightful family, in which the chief aim of each individual seemed to be to promote the happiness of all the rest.

My children are eager to return, and I anticipate, on my part, great pleasure from the visits I may be able to make to Rock Enon during the ensuing season. Not the least of the attractions belonging to the place is the ride over the mountains between Winchester, Va., and the springs. The noble scenery of the route repays the traveler well for the time and outlay, and the interest and charm excited by this scenic grandeur increase with each repetition of the journey.

The ample grounds surrounding the house, covered by soft grass, form a safe and pleasant play-ground for the children, and the pleasant walks and attractive scenery within short distances from the house afford constant pleasure without fatigue. For rest, health, comfort, and pleasure nothing more can be asked than Rock Enon Springs afford.

Very truly, yours,

JAMES L. NORRIS.

1502 Vermont Avenue,

Washington, *February* 27, 1886.

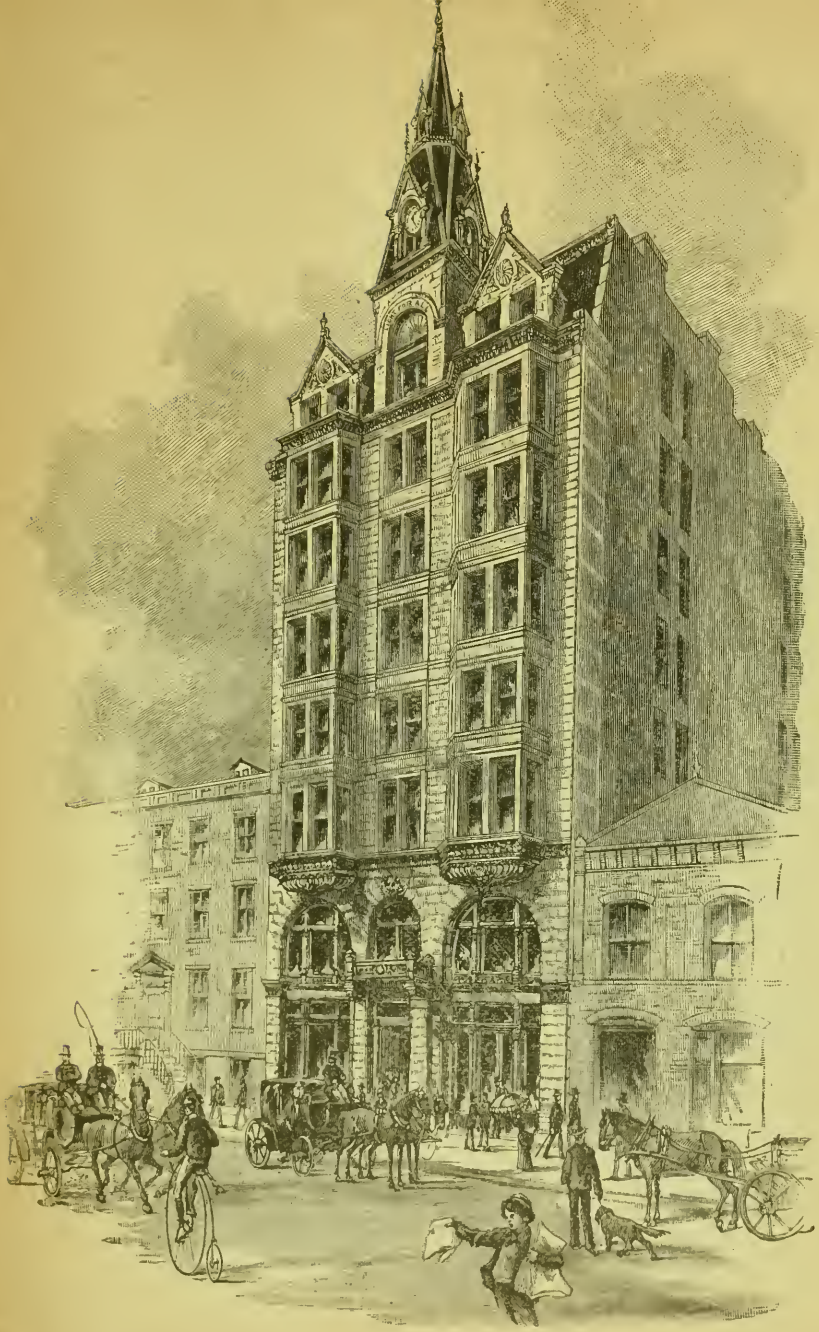
My dear Mr. Pratt: It affords me much pleasure to be able to say a good word for Rock Enon.

In 1880 it was my fortune to select your place as a retreat for my family during the summer, though I confess I did so with considerable apprehension, as my experience with summer resorts had not been very satisfactory, and I was naturally afraid, (for I did not then know you,) that the promises in your circulars would be like the "sounding brass and tinkling cymbals" which had beguiled me into taking my family on long journeys before, only to find, like "Poor Joe," that we must keep "moving on" in the vain search for rest and refreshment. I was also disposed to cavil at some of the arrangements or restrictions your advertisements proclaimed, for, like all "free Americans," I have been a stickler for the widest latitude of individual liberty, and besides, I had more than once seen the alluring garb of high morality painted gaudily in pamphlets and circulars to trap the unwary—keeping the word of promise to the ear to break it to the hope.

But that your promises were fulfilled to the letter, even more than fulfilled, is perfectly true; and in proof of my faith in that assertion I have spent every summer since (with one exception, when other engagements called me elsewhere,) at Rock Enon. We always hail with pleasure the time to go, and regret the too swiftly passing days that measure the close of the season; and I leave Rock Enon every summer with renewed respect and esteem for its proprietor and his family. I believe your place to be the most desirable summer resort within reach of Washington. Its quiet, dreamy seclusion; its tempting walks; its shady nooks and corners, and that inexpressible influence that exhales from the eternal hills, are all restful and refreshing. The mineral waters, especially my favorite "Iron Spring," are the best in the mountains. Your admirable management; your unvarying courtesy to all; your obliging family; your polite and competent employes, and the character of the guests I have always found at Rock Enon, make it the most charming home for families I have ever known. It is especially desirable for ladies and children. I leave my family there with the same feeling of perfect security against intrusion or insult as if under my own roof. Rock Enon is no place for rowdies; it offers no attractions for the dissipated; but for those who want a quiet, comfortable home, in a genial, bracing atmosphere, where they can leave their wives and little ones under the unremitting care of an honorable Christian gentleman, I unhesitatingly recommend it.

Believe me, truly your friend,

JNO. H. WHITE.



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